

Canopy Forest School Snack Menu for Summer 1

Week 1

Yoghurt and wholemeal tomato and olive focaccia
with a pesto yoghurt dip and veggie sticks
Drink: home made orange and carrot juice

Week 2

Wholemeal banana, date and oat muffins with
a fresh fruit platter
Drink: a sparkling strawberry and lime quencher

Week 3

Beetroot dip with a broccoli, corn platter and
wholemeal cheese and chive pastry crackers
Drink: watermelon juice

Week 4

The children's choice