CANOPY CURRICULUM OVERVIEW

At Canopy Forest School our four core values underpin everything that takes place. Like the six guiding principles of Forest School no single value takes precedence over the others. Although each value is explored individually they may all take place within a session as they are interlocked and work harmoniously together. Below are just a few ideas that we can draw upon in our sessions.

	Key questions- Ourselves 	**Key questions- Others** 	**Key questions- The Environment** 	**Book Ideas** 	**Play Ideas** 	**Craft Ideas** 
Theme 1 Connections	What do I enjoy doing? What am I good at? What makes me, me? What helps me relax, feel regulated? What can I control? What is out of my control?	Who do I enjoy playing with? How do they make me feel valued? What do I like doing with them? How do they make me feel that I belong? Who do I trust?	How do I feel when I am outside? How does my body feel? How do my emotions feel? How do I feel about plants and trees? Do I know the names of any plants? What is my favourite animal? How do I feel around animals? How can I look after the natural world How is everything in nature connected?	• The Invisible String: 1 by Patrice Karst • The invisible boy by Trudy Ludwig • Outside In by Deborah Underwood • Simon Sock - Sue Hendra • The Giving Tree : Silverstein, • The Girl Who Talked to Trees by Natasha Farrant • A Leaf Can Be Laura Purdie Salas • Finding Wild - Wagner Lloyd, Megan, Halpin, Abigail • Rain Before Rainbows Halls, Smriti, Litchfield, David • The Lion Inside by Rachel Bright • The Rabbit Listened by Cori Doerrfeld	• Skipping • Capture the flag • Musical games • Running games • Ball games • Board games • Treasure Hunts • Listening games	• Weaving • Clay • Printing • Painting • Making musical Instruments • Hapa Zone

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Theme 2 Growth	How do I feel today? How did that go? Could I have done anything differently? I wonder what would happen if? What have I enjoyed doing today? What have I learnt? What would I like to do next? How can I learn from this set back? How could I solve this problem? This is a new challenge rather than a fixed limit What could I do differently next time? Who could help me?	How can I listen to understand the other person? How can I communicate my feelings to others so they understand? How does it feel when I connect with others? How did it feel being part of a team? How do you think.....felt? How can you do this together? How can we take turns?	What changes have you noticed? How can we nurture protect and look after our Forest School area? What conditions are needed to help things grow? How do life cycles work in nature? How is energy passed through a food chain in nature? What are basic needs? How does nature work together to help with growth? How can you tell how old a tree is? How is balance important in the natural world?	• The Magical Yet by Angela DiTerlizzi • Pip and Egg by Alex Latimer • The Koala Who Could: by Rachel Bright • Kindness Grows by Britta Teckentrup • After the Fall by Edward Ashton • Tad by Benji Davies • Almost Anything by Sophy Henn • Tilda Tries Again by Tom Percival • The Growing Story by Ruth Krauss • Happy by Nicola Edwards • The Dot by Peter H. Reynolds • It Starts with a Bee: by Jennie Webber • Be a Tree!: by Felicita Sala	• strategy games • puzzle games • problem solving • Turn taking games • challenges	• seed pictures • bird feeders • growing plants • Tool work • Fire lighting • cooking

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Theme 3 Exploration	I wonder how I could? How does my body feel ....? What can I do ...? What would happen if I.....? I can do it What can I use to help me? What do you want to test or try today? What brings you the most joy or fulfillment? What can we build or create? I can see that you are..... Tell me what you need	I wonder how we could....? Why does? Is it ok to.....? Why might we...? Can we think of ways to.....? What do we think might happen if we...? What's our plan...? Where will we...? Who will....?	What can you see, feel, hear, taste, smell ? I wonder how we could....? Why does? What does it mean? Can you say why you think that? Can you give me an example? How does this help us to answer the question? What is the difference? How are they similar? Is it ok to.....? Why might...? Can you think of ways to.....? Why is it important ? What do you think might happen if we...? Notice how.... Try moving.....	• Wild by Emily Hughes • The Curious Garden by Peter Brown • Into the Wild by Thomas Docherty • A Forest by Marc Martin • On a Magical Do-Nothing Day by Beatrice Alemagna • The Wild by Yuval Zommer • There's a Tiger in the Garden by Lizzy Stewart • The World Needs the Wonder You See by Joanna Gaines • A Map into the World - Kao Kalia Yang	• Following maps • Finding Treasure • Orienteering • Climbing and moving • observing • listening • feeling • smelling • tasting	• Journey sticks • Mini rafts and transport • Dens • Fantasy play • Magic potions • Tree climbing • Tool work • Fire lighting cooking

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Theme 4 Sustainability	What makes me feel comfortable? Do I feel connected to others and the space? Do I feel that I count? Do I feel capable? Do I feel like I have a sense of control? How can I feel safe, content and at my best?	Does being fair mean everyone gets the exact same item, or that everyone gets what they need? What makes a person valuable? Is it their money, their looks, or who they are inside? How would the world look if every single person looked, talked, and acted exactly like you? Why is it important to listen to someone even if they have a different accent or language? How do you feel when someone leaves you out of a game because of how you look? When you disagree with a friend, how can you show them that their opinion still matters? What do you value most in a friendship? How do you feel when you're surrounded by friends who truly understand and support you?	Why is it important to take care of the Earth? How can we look after our Forest School area? How do trees help our planet? Do animals have the same right to a safe, happy life as humans do? How does taking care of plants and trees show respect for the life of our planet?	• Together We Are Stronger by Katie Piper • The Earth Book by Parr, Todd • The Girl Who Planted Trees by Caryl Hart • Stand Tall, Molly Lou Melon by Patty Lovell • What A Waste: Rubbish, Recycling, and Protecting our Planet by Jess French • One Little Dung Beetle by Rhian Williams • Greta and the Giants by Zoë Tucker • Change Starts With Us by Sophie Beer	• Turn taking games • Exploratory play-5 senses • Mastery Play • Object Play- playing with objects • Communication Play • Dramatic and social Play • Role Play • Social Play • Symbolic Play • Locomotive Play • Deep Play • Fantasy and imaginative Play • Recapitulate Play • Rough and tumble play	• Making recycled paper • Junk modelling • Tie dye • Natural Art • Up-cycling • Recycling